

## Pre-Sedation Instructions

For the safe treatment of the patient, the following pre-I.V. Sedation Instructions must be followed extremely carefully.

### 1. FOOD AND BEVERAGES

- **NOTHING TO EAT OR DRINK FOR 8 HOURS PRIOR** to the Sedation Appointment with the exception of water and clear fluids (Example: apple juice, tea, coffee)
- NO ALCOHOL
- Stop drinking clear fluids for 2 hours prior to the Sedation Appointment

### 2. MEDICATIONS

- It is essential to discuss with your dentist whether (or not) you should take medication(s) you otherwise take on a regular basis.

### 3. CLOTHING

- Wear loose casual clothing for your Sedation Appointment (Example: short sleeve t-shirt, comfortable pants)
- Females should wear pants, NO SKIRTS
- It is best to leave jewelry or valuables at home

### 4. SMOKING

- Refrain from smoking prior to treatment

### 5. TRANSPORTATION

- Under no conditions can you drive yourself home.
- A responsible adult must accompany you home.
- A taxi driver or similar service (Uber, etc.) does not count as your ride/escort to and from the appointment.

### 6. CHANGE IN HEALTH STATUS

- If your general health deteriorates (e.g. cold, cough, fever) please contact our office right away prior to your appointment.
- If in doubt, please call our office to report the change in your health status.

If you have any questions, whatsoever, please ask them. It is important that you understand the circumstances surrounding this treatment.

**IMPORTANT NOTE: IF YOU EAT WITHIN 8 HOURS OF YOUR APPOINTMENT, YOUR APPOINTMENT WILL BE RESCHEDULED AND YOU WILL BE CHARGED THE FULL SEDATION FEE OF \$500.**