

Post-Sedation Instructions

Following sedation, 24 hours may be required for the full effects of the drugs to wear off. During this period, it is essential that you follow these instructions.

1. DISCHARGE FROM DENTAL OFFICE

- *The patient must be discharged into the care of a responsible adult who can accompany him/her home.*
- *Arrangements should be made to have a responsible adult remain with the patient the remainder of the day/night if drowsiness persists.*

2. TRANSPORTATION FROM THE DENTAL OFFICE

- *Private automobile is preferred.*

3. FOOD AND BEVERAGES

- *Clear liquids are advised initially, after that, diet as tolerated.*
- *Specific instructions regarding your dentistry may be given.*
- *Do NOT drink alcohol in any form for 24 hours.*

4. MEDICATIONS

- *Resume normal medication as directed by your dentist after appointment.*

5. ACTIVITY RESTRICTION

- *Do NOT operate motor vehicles, boats, power tools or machinery for 24 hours, or longer if drowsiness or dizziness persists.*
- *Do NOT operate an aircraft for at least 48 hours following minimal or moderate sedation.*
- *Do NOT sign or enter into any legal contract for at least 24 hours.*

6. PROBLEMS

- *If you experience any acute pain, heavy bleeding from the surgical site, respiratory problems, or any other post-operative problem of concern, please see your regular dentist or your family doctor or go to the closest emergency department.*